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Stuff that matters to Wayne

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## The Cooling Power of Moonlight Confirmed with Quick and Free DIY Test

Posted on May 09,2017 by admin

As I started to investigate and question many things programmed into me in school, one of the items that really shook my world was the idea that the moonlight may actually possess cooling properties. I watched a quick video like this: [embed]<https://www.youtube.com/watch?v=37y-MSBU6iY&ytbChannel=Ashlee%20Webster>[/embed] At first, I absolutely couldn't accept it, or believe it. I also did not have the financial ability to purchase an infrared thermometer (although I've since learned they come on sale regularly where I live for about \$20.00 so I will be buying one), so after first viewing this video it has been bugging me. Why? There are many implications if this is proves true:

- The moon could not be reflecting sunlight (as I was programmed to believe) because if it was, the moonlight would possess the same qualities of sunlight: warm, radiant, glowing, heating, etc.
- If it's not reflected sunlight, does it have its own light source?
- What in the world is the moon?
- No one taught me about this or discussed it - ever - which means that I must further question the system itself.
- If something as simple as this slipped through the cracks of education, I may be fully deceived about many other things.

But the reason this one bugged me and never left me is twofold. One, I always knew that when I was in the moonlight I was always cold (it does not take much education to confirm this) and two, this is a test that is super easy to do. So, this morning when I woke up, I grabbed my coffee (I wake up before the sun if you were wondering) and walked out. Lo and behold there was a full moon and no clouds and the moonlight was illuminating my backyard. So, I walked into the moonlight, and pretended that I was on a sunny beach lying in the sunlight and shut my eyes (I'm weird like that...). But... something weird happened. I got cold. Real cold. Real fast. I had to start rubbing my hands together so my virtual pretend beach party ended as quickly as it started. I began walking back to the garage (less than 10 steps away) when I realized that I had warmed up. So I walked back to the moonlight. Cold again. Son of so many guns... It's true! And I didn't even need a thermometer to test it! The difference of 2 degrees (as per video above) is so great that you can literally \*feel\* it on your skin. So I did a full test to prove it to myself - and this is the point of this post - you can do this to immediately and without spending any money.

### Moon Chiller DIY Test Number 1: The Full Body Bask

What you will need:

1. A pretty big tree (or something big that blocks the moon light)
2. The moon and its light

Got it? Good. What to do:

1. Stand in the moon shade for 30 seconds with your hands exposed. Don't hold a coffee like I did the first time or you'll have to repeat this experiment. Count to 30 using the 'one-thousand-and-one, one-thousand-and-two' method.

2. Quickly move into the full moonlight and repeat counting to 30 and note the temperature on your skin (perhaps wearing a bathing suit will be a more effective test - but don't lead bystanders into temptation of course)
3. Move back into the moon shade and count again to 30. I found this last step had the most impact because it was a full cycle and your senses are more in tune with the small changes.

### Moon Chiller DIY Test Number 2: The Back Hand

This test is exactly the same as the test above but requires less energy. Just repeat the Full Body Bask but use the back of your hand facing the moonlight. Keep your eyes closed for all these tests as much as possible and for the Back Hand test you might need a partner to confirm that your hand is in the moonlight. I hope you found this as exciting and troubling as I did.

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