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Stuff that matters to Wayne

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## Learning from my Pee

Posted on November 12, 2013 by Wayne Taylor

So I woke up and whizzed - my normal morning ritual. But today was different. Today my pee was phosphorescent yellow. I'm not talking about 'bright yellow' or 'really yellow'. I'm talking about so bright that I thought someone had dropped a glow stick in the bowl or that a nearby nuclear reactor had managed to send it its waste back up my grey water pipe. This pee was yellow. My first thought was, "Oh. I'm dying" so I did a quick search to find out by what means I would be going. I was pleasantly surprised to find [this article](#) on a website owned by a monopolist that I would by no other means visit. The cool thing is that I learned a lot of useful things in this quick article, including that it looks like I won't be dying from some urine kidney issue. I recommend spending five minutes reading it as it will help you and your family quickly assess things.

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